



The ISLAND LIONS ROAR

CEDAR KEY LIONS CLUB

SERVING THE ISLAND CITY FOR 40 YEARS

DISTRICT 35L, REGION 4, ZONE 8

PO BOX 68, CEDAR KEY FL 32625

PRESIDENT Rory Brennan 543-6665

DIRECTOR - Betty Asbury - 543-0335

1ST VP - Bob Robertson - 543-0638

DIRECTOR - Maurice Hendrix - 543-6837

SECRETARY - Roland Senecal 543-9850

DIRECTOR - Roland Senecal - 543-9850

TREASURER - Sarah Cardona - 543-9233

IPP - Mike Day - 543-0869

MEMBERSHIP CHAIR - Bob Robertson - 543-0638

EDITOR - Judy Duvall - 543-0300

www.cedarkeylionsclub.com

WE SERVE

March 2009
Vol III Issue 2

Mark your calendars

March 6th - Health Fair 9:30 to 1:00

Flyer attached - Bring a friend

March 10th - Membership meeting 7pm - Social begins at 6:30

March 21st - Adopt-a-Road Cleanup 8:00 am
Call Gina 543-6455 if you can come.

March 24th- 40th Anniversary Celebration
4-7 pm. Cake Ice cream, cedar trees -
more info to follow.

April 14 - Membership meeting -New officers and Directors election

April 28 - Membership meeting - Tampa Bay Foundation advisor for Q&A on investment fund.

Old Business

**Roland and Bob attended the District Meeting in Ocala on Feb 21st Our club donated \$1400 - with \$200 going to each of seven District Lions programs

** Our club has pledged \$1300 toward the rental of the large tent in the park at the Arts Festival.

** Board advised Tampa Bay Foundation to resume quarterly disbursements in 2009

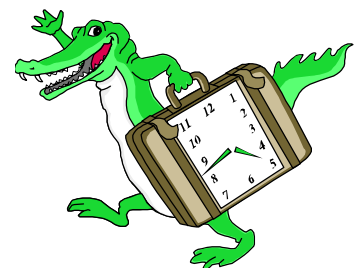
The Valentines Day dinner/dance was a success again this year - with plans for even more improvement next year.

The membership drive is on! Consider inviting a friend you think would make a good Lion. You can use the attached flyer to help explain just what it is that we do for Cedar Key.

Ad sales have begun for the 2009 Arts Festival Booklet. If you want to place an ad - contact Roland @543-9850

Over 100 pairs of eyeglasses were collected and delivered to the District for repair/recycling.

One eye surgery in in the works now.



'Til next time -
editor

Cedar Key Health Fair

Free Health Screening at the Community Center

Services Offered

* free *

- * Bone Density
 - * Vision & Hearing
 - * Diabetes
 - * Blood Pressure
 - * Oxygen Level Testing
 - * Height/Weight/BMI
- fasting blood tests will be drawn from 9:30 - 11:30
the following are not free:
- * Cholesterol - \$5
 - * PSA - \$5
 - * Lipid Profile - \$10



Friday March 6th,
9:30 AM to 1:00 PM

Sponsored by the Cedar Key Lions Club

HEALTH AND WELLNESS

INFORMATION AVAILABLE

FROM A VARIETY OF SOURCES

(Social Security, Medicaid, V.A. & more)

In the past participants have discovered unrecognized diabetes, cataracts, glaucoma, high cholesterol, etc. Because of early detection, health threats have been identified and addressed, saving sight, hearing and lives.

Breakfast will be available for a small donation, to the Lions Club



*Y'all better
come...
ya Hear?*





Lions Club of Cedar Key

Serve With Us

Lions Club members are men and woman who strive to make a difference in their communities and throughout the world. Our volunteer efforts go beyond the support of vision to addressing unmet health and education needs.

Why should you become a Lion?

- make a difference every day in Cedar Key and surrounding area
- extend your reach throughout Florida and the world
- grow personally and professionally by participating in our programs have an impact on local and international humanitarian issues
- develop relationships with others who are interested in improving the quality of life in Cedar Key and the world

What does the Club do?

Thanks to community support the Cedar Key Lions are playing an ever-increasing role in the betterment of our community. We provide eye exams and glasses to children and adults in our service area. We recycle used eyeglasses for use in third-world countries and provide cataract surgery for needy adults in our service area. We support our festivals by selling corn and drinks, and also putting the festival program booklets together. Our club is also committed to keeping a section of State Road 24 free from trash and debris.

Supporting education programs and the health of our citizens is a priority our club. We do this by sponsoring various scholarships for Cedar Key students and supporting the activities of the school. We sponsor the Cedar Key Health Fair and are able to provide free vision and hearing screening. We support the Cedar Key Food Pantry and The Clothe-a-Child Committee as well as the library and Cedar Key Historical Society.

State level projects that received our financial support include the Conklin Center for the Blind, the Lions Foundation for the Blind as well as numerous other programs servicing the visually and hearing impaired. At the county level we help support Another Way and the Levy Association for Retarded Citizens.

How often do we meet?

We meet the 2nd and 4th Tuesdays of the month (except during the summer months) at the Community Center from 7:00 to 8:30 PM. Social at 6:30 PM.

Interested in becoming a member?

EVERYONE IS INVITED TO THE



TUESDAY, MARCH 24TH, 4⁰⁰ TO 7⁰⁰ PM

(at the Community Center)

FREE

**Ice Cream & Cake, Tea & Coffee
Balloons & Door Prizes
Music**

(The first 100 party goers will receive a 6-12 inch Red Cedar Seedling)

**** Put the Cedar back in Cedar Key! ****

Please bring a canned food or boxed cereal
donation for the Cedar Key Food Pantry